

# FEELING VOCABULARY

## Angry

aggravated  
annoyed  
defiant  
disgusted  
enraged  
exasperated  
frustrated  
furious  
hateful  
hostile  
indignant  
infuriated  
mad  
obstinate  
outraged  
perturbed  
peevish  
pissed off  
rebellious  
seething  
spiteful  
surly  
upset  
vengeful

## Ashamed

apologetic  
embarrassed  
foolish  
guilty  
humble  
idiotic  
mortified  
regretful  
remorseful  
shameful  
worthless

## Confident

bold  
capable  
centered  
eager  
energetic  
focused  
grounded

hopeful  
inspired  
keen  
optimistic  
powerful  
productive  
strong  
sure  
trusting

## Confused

baffled  
befuddled  
bewildered  
disoriented  
flustered  
perplexed  
puzzled  
scattered  
troubled  
unfocused

## Happy

amused  
cheerful  
delighted  
ecstatic  
elated  
excited  
exuberant  
gleeful  
high  
joyful  
mischievous

## Hurt

abandoned  
abused  
attacked  
belittled  
bitter  
cheated  
disappointed  
dismayed  
grieving  
gypped  
humiliated

mournful  
sorrowful  
rejected  
resentful

## Loving

affectionate  
aroused  
caring  
devoted  
intimate  
tender  
warm

## Sad

despondent  
depressed  
dismal  
low  
melancholy  
miserable  
unhappy  
weepy

## Satisfied

adequate  
content  
mellow  
peaceful  
pleased

## Scared

afraid  
alarmed  
fearful  
frightened  
horrified  
hysterical  
insecure  
intimidated  
nervous  
panicky  
petrified  
terrified  
threatened  
vulnerable

## Surprised

aghast  
amazed  
astonished  
astounded  
incredulous  
shocked  
startled

## Thankful

appreciative  
grateful  
gratified  
indebted  
obliged  
relieved

## Thoughtful

challenged  
curious  
illuminated  
informed  
interested  
pensive  
reflective

## Uncertain

cynical  
doubtful  
dubious  
distrustful  
hesitant  
indecisive  
pessimistic  
skeptical  
suspicious  
unsure  
unsettled  
Uncaring  
ambivalent  
apathetic  
bored  
busy  
detached  
exhausted  
indifferent  
lethargic

lazy  
tired  
unmotivated  
nonchalant  
occupied  
selfish  
unconcerned

## Wanting

empty  
envious  
homesick  
hungry  
ignored  
jealous  
lonely  
longing  
lustful

## Weak

inadequate  
burdened  
controlled  
despairing  
discouraged  
helpless  
hopeless  
impotent  
inhibited  
lost  
passive  
powerless  
restricted  
suicidal

## Worried

agitated  
anxious  
bothered  
restless  
tense  
uneasy  
unsettled